

# Flying Lessons

## Piloting Your Way Through Turbulent Times

A one-day workshop  
with Pam Hale Trachta, M.A.

Saturday, May 16  
9:30-4:30  
at the Unity Center of Hope  
6040 N. 7<sup>th</sup> St. in Phoenix

Flying Lessons is a creative, unique 7-step metaphorical process for breaking free and soaring in these challenging times.

### What you can expect:

- ✚ Hear 7 entertaining stories that will become 7 lessons for life
- ✚ Receive group coaching and positive feedback on specific issues
- ✚ Leave with practical "homework" for your personal and professional life
- ✚ Have a 7-step process to use all your life or in further work with Flying Lessons
- ✚ Participate in ancient ceremonies to hold and seal your experience

**Cost: \$125 or \$199 for two**

Includes snacks; bring a brown bag lunch or go out to a nearby restaurant  
A limited number of sliding fees are available for this small group workshop.

### To register:

Send your check to 13830 N. Sutherland Trail, Tucson, AZ 85739 with your name, address, phone number and email address, by May 1.

Or pay by credit card at [www.PayPal.com](http://www.PayPal.com), sending your payment to [pam@ThroughADifferentLens.com](mailto:pam@ThroughADifferentLens.com).

You will receive an email confirming your registration and details and directions.  
Questions? Email me at [pam@ThroughADifferentLens.com](mailto:pam@ThroughADifferentLens.com).

**Pam Hale Trachta, M.A.** is a life coach, energy healer and spiritual counselor. She is creator of the Sand Spirit cards and workbook, leads monthly shamanic coaching circles, consults with both private and organizational clients, and blesses land and spaces. Pam is a licensed private pilot and two-time cancer survivor whose life is dedicated to creating tools for transformation and healing. Pam lives in Tucson.

*"You are an exceptional pilot in life, a wonderful story-teller, guide, journeyer and wise woman whose gifts I hope many can have the honor of experiencing."*

Cynthia Wheeler: Flying Lessons retreat participant